



11 APRIL 2021

COVID-19 Health & Safety Plan

Spring 2021 Return to Play Protocols for Brandywine Booters Youth Soccer League

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Brandywine Booters Youth Soccer League

The Brandywine Booters is committed to making soccer activities as safe as possible during these unprecedented times within the COVID-19 pandemic.

Our goal is to maximize the athletic opportunities for young athletes within our league while providing a safe, FUN, and memorable experience.



To ensure our league of play is safe and follows the proper protocols, the Brandywine Booters has adopted the guidance from PA State Government:

[Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency to Ensure the Safety and Health of Employees, Athletes and the Public](#)

As well as the PIAA (Pennsylvania Interscholastic Athletic Association) Return to Competition, as reasonably practical.



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The following guidance has been prepared for the Brandywine Booters that will allow the commencement of games and practices:

- All parents and children should complete a personal health assessment prior (within 60 minutes of start of play) to the start of practice/games.
 - If your temperature is **100.4 or higher**, or you are showing COVID-19 symptoms (per CDC guidance) or generally sick, please notify your parent coach and stay home.
 - A [Booters COVID-19 Health Form](#) (click the link) is provided electronically to assist with the personal health assessment.
- Everyone attending practice/games, including parent coaches, athletes, and spectators, age 2 and older must wear face coverings (masks or face shields), when entering and exiting the field. Face coverings can be removed if individuals can consistently maintain social distancing of at least 6 feet once situated at the field.
- Individuals who fall under an exception listed in [Section 3 of Universal Face Covering Order](#), are not required to wear a face covering.
- Coaches, athletes, and spectators must wear face coverings while actively engaged in workouts and competition as well as when on the sidelines, in the dugout etc. unless they meet an exception in the Face Covering Order. Section 3 of the Order provides an exception that allows an individual to remove their mask if wearing a face covering would either cause a medical condition, or exacerbate an existing one, including respiratory issues that impede breathing, a mental health condition or a disability.

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- Regularly and thoroughly wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
 - Parents and Parent Coaches, please ensure to emphasize to all Booter kids the importance of washing hands or using hand sanitizer before, during, and after practice/games.
- Clean and disinfect frequently touched surfaces and equipment including soccer balls, cones, and goal nets.
- Social distancing of at least 6 feet should be maintained at all times, where feasible. No hugging, high fives, shaking hands, or fist bumps for support/encouragement.
- **Virtual high fives** and lots of smiles for good game play is absolutely welcome!
- All parents and children must bring their own water or drinks to the practice/games.
 - No sharing of water bottles/containers and food amongst our young athletes.
 - Unfortunately, no post game drinks/snacks until further notice. Each parent please bring a post snack/drink for your child if you like.



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- **Booters Season End Party:** Traditional festivities will not commence until further notice.
 - Booters will conduct an abbreviated event to distribute trophies, pictures, and any other items to our young athletes.
- If a **positive COVID-19** case is confirmed, please do the following:
 - Contact **Brian S. Quinney**, League Manager, at 484.885.5343, or bquinneysk@yahoo.com & leaguemanager@brandywinebooters.com
 - Determine Close Contacts for the positive case and perform a contact tracing exercise.
 - Follow Department of Health, CDC, and local health guidelines in determining the plan of action:
 - <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>



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SOCCKER PLAY PROTOCOLS:

▪ Pregame/Practice:

- Limit attendees on field to Parent Coaches (no more than two) and our young athletes.
- Young Athletes will be positioned across the field from family and spectators and no cross interactions until the practice/games have concluded and parents exit the field with their children.
- Each team to stay on their own side of the field during practice.
- Parent Coaches to wear barrier masks and maintain a social distance of 6 feet as much as possible.
- No handshakes prior to and following practice time. Huddle time to be socially distant.

▪ Handling of Soccer Balls:

- Encourage social distancing of 6 feet. When possible, additional game balls may be placed around the outside of the field to limit contact with the ball.
- Young athletes are encouraged to bring and use their own soccer balls during practice.
- If they do not have a soccer ball, a clean and sanitized one will be provided.
- Parent Coaches to disinfect Booters owned soccer balls after each use.

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SOCCKER PLAY PROTOCOLS:

■ TEAM BENCHES:

- Encourage bench personnel to observe social distancing of 6 feet.
- Team areas may be expanded to promote social distancing.

■ SUBSTITUTION PROCEDURES:

- Maintain social distancing of 6 feet between the substitute, young athletes and parent coaches by encouraging substitutions to occur closer to the center line.

■ POST PRACTICE/GAME CEREMONY:

- Post game huddle time to be social distant.
- Water bottles are discouraged on the field of play and should be used off the playing surface.
- No post game shaking of hands.
- Virtual High Fives after the game from each team to the other is highly recommended!



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People with COVID-19 have had a wide range of symptoms reported — ranging from mild symptoms to severe illness.

These symptoms may appear 2-14 days after exposure to the virus:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Diarrhea
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

If you experience:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face ...

... **seek emergency medical attention immediately by calling 911** or calling ahead to your local emergency facility. Notify the operator that you are seeking care for someone who has or may have COVID-19.

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The Brandywine Booters is here to help our young athletes learn about soccer, get some exercise, and have fun! We will continually strive to make this happen.

The health and safety of our community is our main value pair.

Thank you for all of your support for our league!

Any questions or inquiries. Please contact Brian Quinney at 484.885.5343, or via email at bquinneysk@yahoo.com or leaguemanager@brandywinebooters.com

